

# EMSC Winning Attitude Race Day Checklist

## Basics:

Skis	(Waxed, Edges De-Burred)
Boots	(Warm & Cozy)
Poles	(GS or SL with hand guards)
Helmet	
Goggles	

## Other Gear:

Gloves/Mittens	(with hand/toe warmers)
Race Suit	
Shin/Chin Guard	(Slalom Only)

## Clothing:

Ski Jacket	(very warm for standing ready)
Side Zipper Pants	
Long Johns	
Long Sleeve Shirt	
Socks	(Extra Pair to be safe)
Boot Bag	

## Other Stuff:

Wax, File, Brush	(2 <sup>nd</sup> run prep, ZUPR wax is great all purpose wax)
USSA Card	
Bag	
Phone & Charger	
Extra Cash \$\$	(just in case)